



Adrienne was referred to us by [LINK Unlimited](#) and traveled to Nepal with [Projects Abroad](#).

“Imagine the intense Grey’s Anatomy shows where the doctors dash out the room with the patient on the stretcher. Now imagine me; the anxious but excited, Amy Winehouse obsessed, sixteen-year-old black girl squeezing the respiratory pump while transporting this man through a crowded Nepali hospital. It was awesome! We finally got to the surgical ward and my job was complete. Although he was in and out of consciousness, I held my patient’s hand and said goodbye. This was my first real medical experience and definitely one that I will never forget. As I walked out of the ward, an older woman and her daughter approached me. The woman said in Nepali, “Thank you for helping my son.” From that moment I was proud of myself.

-- Adrienne